



LEXISCAN CARDIOLITE STRESS TEST (L-GXT) INSTRUCTIONS

Dear _____

You are scheduled for a LEXISCAN CARDIOLITE IMAGINE TEST on _____ with Dr. _____.

Please arrive 10 minutes early to register in front Lobby of Campbell County Memorial Hospital.

_____ **You will need to be in the Radiology Department for the initial resting scan.**

_____ **You will need to return at this time for the medication portion of the test.**

This is a two-part test. Once you arrive, an IV is placed and you will receive an injection of Cardiolite, a radio-isotope substance, used to image and evaluate your heart’s blood supply. (This part takes approximately 1 hour.)

During the second part of the test, you will receive Lexiscan in your IV while you recline on a bed. During this time, your EKG and blood pressure will be monitored and you will receive the second dose of Cardiolite. You will then return to radiology for follow-up imaging pictures of your heart. (This part takes approximately 1.5 hours.)

PREGNANCY AND BREASTFEEDING PRECAUTIONS with ISOTOPE: Please notify us several days prior to test date if there is a chance you may be pregnant or if you are breastfeeding.

MEDICATIONS:

Do not take heart or blood pressure meds the morning of the test; _____

Do not take medications containing caffeine 12 hours prior to the test (Fiorinal, Excedrin, No Doz, etc.)

Do not take Viagra or Levitra 24 hours before the test.

Do not take Cialis 72 hours before the test.

Please discuss asthma medications with your physician before the test and bring any inhalers with you.

Please discuss diabetes medications (insulin and oral meds) with your physician before the test.

Please bring a list of your current medications with you.

Routine medications may be resumed after the test is completed unless otherwise directed by your physician.

24 HOURS BEFORE THE TEST: AVOID TOBACCO AND ALCOHOL

12 HOURS BEFORE THE TEST: AVOID CAFFEINE (coffee, tea, colas, chocolate and decaffeinated beverages)

FOOD:

EAT BREAKFAST, BUT NOTHING AFTER _____ (4 HOURS PRIOR TO YOUR TEST)

DRINK FLUIDS IN THE MORNING, NOTHING TO DRINK AFTER _____ (1 HOUR PRIOR TO YOUR TEST)

APPAREL: Please wear comfortable short-sleeved shirt and pants.

A good night’s rest is essential for your test. Due to cost/availability of Cardiolite, please give 24-hour notice if you need to cancel the test. For questions, please feel free to call us at 688-2330 Monday-Friday, 8:00am to 5:00pm.