



DATE :

ADENOSINE CARDIOLITE STRESS TEST (A-GXT) INSTRUCTIONS

Dear _____,

You are scheduled for ADENOSINE CARDIOLITE IMAGING TEST on _____ with

Dr. _____.

Please arrive 10 minutes early to register in front lobby of Campbell County Memorial Hospital.

_____ **You will need to be in the Radiology Department for the initial resting scan.**

_____ **You will need to return at this time for the medication portion of the test.**

This is a two-part test. Once you arrive, an IV is placed and you will receive an injection of Cardiolite, a radio-isotope substance, used to image and evaluate your heart's blood supply. (This part approximately 1 hour)

During second part of test, you will receive Adenosine in your IV while you recline on a bed. During this time, your EKG and Blood Pressure will be monitored and you will receive second injection of Cardiolite. You will then return to radiology for follow-up imaging pictures of your heart. (This part approximately 1.5 hour)

PREGNANCY AND BREASTFEEDING PRECAUTIONS with ISOTOPE - Please notify us several days prior to test date if there is a chance you may be pregnant or if you are breastfeeding.

MEDICATIONS:

Do not take Heart or Blood Pressure meds morning of the test:

Do not take medications containing caffeine 12 hours prior to the test(fiorinal, excederine, no doz, etc)

Do not take Viagra or Levitra 24 hours before the test

Do not take Cilalis 72 hours before the test

Please discuss Asthma medications with your physician before the test (bring inhalers with you)

Please discuss Diabetes medications (insulin and oral med) with your physician before the test.

Please bring list of your current medications with you

Routine medications may be resumed after the test is completed unless otherwise directed by your physician.

24 HOURS BEFORE THE TEST: AVOID TOBACCO, ALCOHOL

12 HOURS BEFORE TEST: AVOID CAFFEINE (coffee, tea, colas, chocolate and decaffeinated beverages)

FOOD:

EAT BREAKFAST BUT NOTHING AFTER _____ (4 HOURS PRIOR TO YOUR TEST.)

DRINK FLUIDS IN AM. NOTHING TO DRINK AFTER _____ (ONE HOUR BEFORE TEST.)

APPAREL: Please wear comfortable short sleeved shirt and pants.

A GOOD NIGHT'S REST is essential for your test. Due to cost/availability of Cardiolite, please give 24-hour notice if you need to cancel the test. For questions, please feel free to call us at **688-2330** Monday -Friday 8AM to 5PM.